

Anthony Carpenter

V - Safeties/Defensive Backs

Anthony Carpenter is a Defensive Football Coach, Personal Trainer, and experienced Contractor. In his first two seasons coaching, Carpenter was responsible for Defensive Backs at Tesoro High School, as well as coordinating the entire Defense for the Los Amigos Freshmen team along with Coach Robbins. He was also the D-Coordinator for your Aliso Wolves 7v7 (club passing league) team. He trains clients in strength and conditioning (speed/stamina/agility). Coach Carpenter works as a Superintendent for the Irvine Company, managing commercial construction sites. Carpenter has worked in major gyms for 10+ years, and has studied Kinesiology and Human Anatomy/Physiology. He has over 15 years of combined game experience (playing/coaching) from 11v11 down to 5v5 and everything in between. Defending the passing game is Coach Carpenter's strength, and the edge that he brings to Aliso Niguel's Defense and Safeties. Coach Carpenter currently lives in Aliso Viejo.